

## CME Webinar

# Patient Selection and Counseling in Hair Restoration

Saturday, September 13, 2025

Live via Zoom

## Patient Selection and Counseling in Hair Restoration

September 13, 2025

9:00AM-11:30AM CDT (Chicago Time)

[\(Time Zone Conversion\)](#)

**Moderator:** Rana M. Irfan, MBBS, FISHRS | Pakistan

**Co-Moderator:** Luis A. Nader, MD, FISHRS | Mexico

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|---------|-----|--|
| 9:00AM  | 05' | <b>Welcome and Introduction</b><br>Rana M. Irfan, MBBS, FISHRS   Pakistan<br>Luis A. Nader, MD, FISHRS   Mexico                                      |
| 9:05AM  | 10' | <b>Special Populations: Women, Young Men, DUPA, and Scarring/Traction Alopecia—Who, When, and Why Not</b><br>Jennifer Krejci, MD   USA               |
| 9:15AM  | 10' | <b>Counseling for Lifetime Donor Management: Communicating Trade-Offs, Limits, and Long-Term Planning</b><br>Tim Carman, MD, FISHRS   USA            |
| 9:25AM  | 10' | <b>Assessing Donor Site Quality and Scalability for Future Needs</b><br>Marie A. Schambach, MD, FISHRS   Guatemala                                   |
| 9:35AM  | 10' | <b>Female and Diffuse Thinning Patients: Candidacy, Red Flags, and Counseling Strategies</b><br>Luciana Takata Pontes Arruda, MD   Brazil            |
| 9:45AM  | 15' | <b>The Repair Patient: Counseling After Prior FUE/FUT, Managing Depleted Donors, and Scar Revisions</b><br>Bruno Pinto Goncalves, MD, MSc   Portugal |
| 10:00AM | 15' | <b>Q&amp;A and Discussion</b>  |
| 10:15AM | 15' | <b>Counseling on Diet and Lifestyle Modifications for Hair Health</b><br>Arvind Poswal, MBBS, Professional Diploma in Dermatology India              |

- 10:30AM 10' **Recognizing Psychosocial Red Flags: Screening for BDD and Unrealistic Expectations—When to Defer and Refer**  
Karl J. Hekimian, MD | USA
- 10:40AM 10' **From Strip to FUE: How the Evolution of FUT and FUE—and the Surgeon's Skill Set—Shape Today's Counseling and Consent**  
Christopher D'Souza, MBBS, MSc, FISHRS | United Kingdom
- 10:50AM 10' **The Young Male With Progressive AGA: Operate, Medicate, or Wait—and How to Set Expectations**  
Maxim Chumak, MD | USA
- 11:00AM 10' **Consent That Protects: Documentation, Risk Disclosure, and Medico-Legal Essentials in HTS**  
Paul T. Rose, MD, JD, FISHRS | USA
- 11:15AM 15' **Q&A and Discussion**
- 11:25AM 5' **Closing Remarks**

**Continuing Medical Education (CME) Credit Statement:**

The International Society of Hair Restoration Surgery is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The International Society of Hair Restoration Surgery designates this Other Activity (blended synchronous and enduring) for a maximum of 2.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

To receive CME credit and a CME certificate, participants must participate in the activity, complete the evaluation survey and the CME Claim Form by January 12, 2026.

