

CME Webinar

Patient Selection and Counseling in Hair Restoration

Saturday, September 13, 2025

Live via Zoom

Patient Selection and Counseling in Hair Restoration

September 13, 2025

9:00AM-11:30AM CDT (Chicago Time)

[\(Time Zone Conversion\)](#)

Moderator: Rana M. Irfan, MBBS, FISHRS | Pakistan

Co-Moderator: Luis A. Nader, MD, FISHRS | Mexico

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| 9:00AM | 05' | Welcome and Introduction
Rana M. Irfan, MBBS, FISHRS Pakistan
Luis A. Nader, MD, FISHRS Mexico |
| 9:05AM | 10' | Special Populations: Women, Young Men, DUPA, and Scarring/Traction Alopecia—Who, When, and Why Not
TBD |
| 9:15AM | 10' | Counseling for Lifetime Donor Management: Communicating Trade-Offs, Limits, and Long-Term Planning
TBD |
| 9:25AM | 10' | Scarring Conversations: Setting Expectations and Strategies to Minimize Donor Scars in FUE and FUT
TBD |
| 9:35AM | 10' | Female and Diffuse Thinning Patients: Candidacy, Red Flags, and Counseling Strategies
TBD |
| 9:45AM | 10' | The Repair Patient: Counseling After Prior FUE/FUT, Managing Depleted Donors, and Scar Revisions
TBD |
| 9:55AM | 15' | Q&A and Discussion |
| 10:10AM | 15' | Counseling on Diet and Lifestyle Modifications for Hair Health
Arvind Poswal, MBBS, Professional Diploma in DermatologyIndia |

- 10:25AM 10' **Recognizing Psychosocial Red Flags: Screening for BDD and Unrealistic Expectations—When to Defer and Refer**
Karl J. Hekimian, MD | USA
- 10:35AM 10' **From Strip to FUE: How the Evolution of FUT and FUE—and the Surgeon's Skill Set—Shape Today's Counseling and Consent**
Christopher D'Souza, MBBS, MSc, FISHRS | United Kingdom
- 10:45AM 10' **The Young Male With Progressive AGA: Operate, Medicate, or Wait—and How to Set Expectations**
TBD
- 10:55AM 10' **Consent That Protects: Documentation, Risk Disclosure, and Medico-Legal Essentials in HTS**
Paul T. Rose, MD, JD, FISHRS | USA
- 11:05AM 20' **Q&A and Discussion**
- 11:25AM 5' **Closing Remarks**

Continuing Medical Education (CME) Credit Statement:

The International Society of Hair Restoration Surgery is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The International Society of Hair Restoration Surgery designates this Other Activity (blended synchronous and enduring) for a maximum of 2.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

To receive CME credit and a CME certificate, participants must participate in the activity, complete the evaluation survey and the CME Claim Form by January 12, 2026.

