



Medical, Biological, and Nutritional Adjunctive Therapies in Hair Loss Management

March 21, 2026

9:00AM-11:30AM CDT (Chicago Time)

[\(Time Zone Conversion\)](#)

Moderator: Nicole E. Rogers, MD, FISHRS | USA

Co-Moderator: Maira Merlotto, MD, MSc | Brazil

9:00AM	05'	Welcome and Introduction Nicole E. Rogers, MD, FISHRS USA
9:05AM	25'	Pharmacologic Therapies in Hair Loss Management: Current Evidence and Clinical Limitations Tatiana Silyuk, MD Russia
9:30AM	15'	Emerging Molecules in Hair Restoration Nicole E. Rogers, MD, FISHRS USA
9:45AM	25'	Combined Regenerative Technique Pablo Cirino, MD, PhD, Brazil
10:10AM	15'	Q&A and Discussion
10:25AM	15'	Biologic and Regenerative Therapies in Hair Restoration: PRP, Growth Factors Alan Bauman, MD, FISHRS USA
10:40AM	15'	The Gut-Hair Axis: Why the Microbiome May be the Missing Link in Hair Loss Treatment Gorana Kuka-Epstein, MD, FISHRS Serbia
10:55AM	30'	Q&A and Discussion
11:25AM	15'	Closing Remarks



Continuing Medical Education (CME) Credit Statement:

The International Society of Hair Restoration Surgery is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The International Society of Hair Restoration Surgery designates this Other Activity (blended synchronous and enduring) for a maximum of 2.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

To receive CME credit and a CME certificate, participants must participate in the activity, complete the evaluation survey and the CME Claim Form by January 12, 2027.